

HIGH POINT QUILT GUILD NEWSLETTER

AUGUST 2026 | VOL. 13 ISSUE 8

MONTHLY MUSINGS

FROM THE PRESIDENT

Dear HPQG,

As the years go by, I am learning that my ability to shift from one activity to another has become increasingly challenging! I am coming away from my son's wedding, trying to switch gears and return to my normal routine and activities. Summer, itself, is also a disrupter of the norm – picnics, parties, vacations, day-trips, get-togethers for many varied reasons – all great things, but they sure make it hard to regroup back to everyday life! So, as I come back from a wedding and move on to two more trips this summer, I hope I remember all the “guild stuff” you need to be informed about, and I don't hamper the great momentum we have had this year every second Tuesday of the month!!

This month, our program will be featuring Marcia Pittman, the owner of the local quilt shop just down the road, Sew Happy Studios (1200 Eastchester Dr. #101).

It is a quilt and fabric shop offering classes, longarm quilting services, and supplies like fabric, notions and patterns. Come to the meeting and find out all about it and meet Marcia.

Also, there are two items in an Appendix

(1) Charity Item Guidelines

(2) Info, old AND NEW about the President's Challenge - Stockings.

Be sure to look at both.

Karen T., President

GUILD

INFORMATION

MEETINGS

Meetings are held on the second Thursday of the month. Social time begins at 6:15 p.m.; the meeting and program begin at 6:30 p.m.

Members unable to attend the meeting in person may log in via Zoom **starting in September.**

The Link is emailed to members ahead of the meeting. If you are not a member or have trouble, email karentooley54@gmail.com to get the link.

LOCATION

The guild meets for meetings and Stitching Saturdays at Northwood Community Center. The address is 2409 Ambassador Ct., High Point, NC 27265. Please park away from the clothing bin on meeting nights.

CONTACT INFO: High Point Quilt Guild
P.O. Box 2036 Jamestown, NC 27282

Email: hpquiltguild@gmail.com

Website: www.highpointquiltguild.com

Facebook: [High Point Quilt Guild](https://www.facebook.com/HighPointQuiltGuild)

NORTHWOOD NOTES

Donations for Northwood Community

Center: August: Canned/Boxed dinner

(SpaghettiOs, pizza, Hamb. Helper, etc.)

September: Coats, hats

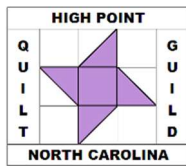
October: Soups, crackers

November: Canned meats, stews

December: Staples

(flour, sugar, salt, oil, spices, etc.)

****Personal care items are needed every month.**



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UPCOMING EVENTS

August 6 | 7:00pm ZOOM Board Meeting

Everyone is welcome. The link will be sent to board members and committee heads. Anyone else may join in; you just need to contact Karen T. for the Zoom link.

August 13 | 6:30 p.m. Monthly Meeting

Program presented by Marcia of *Sew Happy Studios Quilt Shop*. They sell fabric, books, batting, and notions. Also, they offer group sewing classes for kids and adults, quilting workshops, and longarm services.

August 15 | 9am-5pm Stitching Saturday

Members free, guests \$5

** Machine Cleaning on site - see e-mail from Alicia on 6-28-26 for details.*

Sept 10 | 6:30 p.m. Monthly Meeting

The program will be "Bags, Baskets and Bowls" with our own members presenting.

Sept 12 | 9am to 5pm Stitching Saturday

Members free, guests \$5

** Machine Cleaning on site - see e-mail from Alicia on 6-28-26 for details.*

AUGUST BIRTHDAYS

7-Angie

12-Sarah B.

14-Nancy B.

15-Angie

15-Tonya

21-Diantha

25-Karen

26-Sherri

29-Kathy

ONGOING GUILD ACTIVITIES

PRESIDENT'S CHALLENGE**

Make a Christmas stocking and stuff it to donate to the Northwood Community Center Clothing Closet for distribution. Sew, quilt, knit, crochet, embroider, etc.- whatever you like. Sign up on the sheet at the membership table indicating the gender and age of the child it is for **OR** go online to sign up using this link:

<https://www.PerfectPotluck.com/EAJ08847>

(Yes, it says "Perfect Potluck", but it is for the stockings - same program, haha!)

****For more Guidelines and details on the stockings, see APPENDIX #2 at the end of this newsletter.**

UFO TRACKING

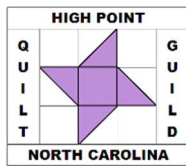
Tracking UFOs will take place until November. In order to get credit for completing a UFO, members must show Susan and Diantha. Susan is leading that effort and can answer questions.

FALL QUILT RETREAT

There is still room to attend the Fall Retreat from October 22-25, 2026. Alicia is taking registration forms and deposits. The Registration Form can be found on the HPQG website.

This is just a friendly reminder that the final payment is due no later than Saturday, September 12. If you need to know what your current balance is, please feel free to e-mail Alicia directly or ask her at the meeting or Stitching Saturday in August. We are at 19 people right now, so if you know anyone else who is on the fence about coming, please let them know there is still room for a couple more ladies =)

Alicia



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COMMITTEE NEWS

CHARITY PROGRAMS

-Charity Items for Hayworth Cancer Center:

Help us make quilts/blankets/hats for patients at the Hayworth Cancer Center in High Point. Patterns, fabric and printed labels are available. Joann is happy to longarm your quilt tops. She also has batting available. Turn in finished quilts at any meeting.

-Potato Chip Quilts for Hayworth:

Pick up bags of pieces to sew into Potato Chip blocks at the charity table. If you are not interested in doing the Potato Chip block from start to finish, you can indicate to us what part you would be willing to do:

Cutting chips

packaging chips

assemble chips to make a block

cut borders

assemble blocks to make a quilt top

layer top and quilt it

cut binding

bind quilt

Questions? See Elizabeth

To Assemble:

Twelve blocks make a quilt. You can put sashing between the blocks, or borders around the blocks, or both.

Size recommendations as well as other info are in the "Charity Quilt Guildlines" on the website or See **APPENDIX #1** at the end of this newsletter.

-Charity Items for Hospice of the Piedmont:

In addition to our items for Hayworth, we are taking donations of pillows and bibs for the Hospice of the Piedmont. Patterns and

instructions are available on the Charity table or contact Karen.

If you make any bibs or pillows, they must be washed and ready to use when you turn them in. Guidelines: Fabric: wash-and-wear, smooth, cotton-like fabrics, nothing glittery or metallic; no embellishments. You can turn them in at the Charity table at any monthly meeting.

JULY CHARITY DONATIONS:

Hayworth quilts: 6

Hayworth blankets: 1

Hayworth hats: 0

Hospice pillows: 5

Hospice adult bibs: 5

MEDIA

Newsletter items due to Kelly by the last week of the month.

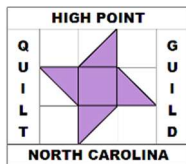
MENTORS-BASICS CLASS

We have a BASICS CLASS mini-course during Stitching Saturdays, for anyone at no cost. The class runs from 10:00am until 11:00am. See Susan for more information on when they are scheduled.

In August we will talk about quilting on your domestic sewing machine. Tips and techniques will give you the confidence to quilt your own quilts.

STITCHING SATURDAY

...is a day to come and stitch, knit, crochet, embroider or whatever you like on the Saturday after our guild meetings, January-September. Free for members, \$5 for guests. Hours are 9 a.m. to 5 p.m. Bring lunch or go out. Lots of fun and camaraderie!!



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NOTE - On Aug 15th and Sept 12th, there is an opportunity to get your Sewing Machine(s) cleaned and serviced during the Stitching Saturday. Please review the e-mail from Alicia sent 6/28/26 for details. This service requires pre-signup and the

cost is paid by each member for their specific machine.

SUNSHINE

Remember to help our sunshine committee reach out to members. If you know of someone who is ill or lost a loved one, please inform MaryBeth.

QUILT/FIBER ARTS ACTIVITIES IN THE AREA:

Check out what quilt and fiber arts activities are happening in the area by visiting ronatheribbiter.com.

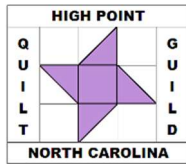
Appendix #1

CHARITY QUILT PROGRAM

Since the beginning of our guild, we have sewn quilts for the Hayworth Cancer Center in High Point as a charitable activity. Members have participated in various ways such as donating fabric, cutting fabric, assembling kits, piecing quilt tops, quilting quilt tops, collecting quilts, and delivering quilts. See the Charity quilt chairman if this is an area in which you have interest and would like to help.

GUIDELINES FOR CHARITY QUILTS

- *We are making only adult quilts for both men and women.
- *Please use ONLY 100% cotton fabrics. No metallic or glitter fabrics.
- *Please do not use scented detergents, softeners or dryer sheets on your quilts before donating them. This is a medical issue for people with asthma and other chronic illnesses.
- *Quilts must be clean and washable. Please no needle-turn applique, monofilament or nylon thread. No fringe edging or dangling ornamentation. These could get tangled in medical equipment or fingernails.
- *Quilts should be colorful, cheerful and warm. Holiday fabrics are discouraged as they may not get to the recipient in time for a specific holiday and will have to be stored.
- *Quilts should be lap size. **A recommended size range is 42" to 50" wide by 54" to 60" tall.** They may be slightly larger for a man's quilt.
- *Please prewash all fabrics in unscented detergent before construction of your quilts to reduce distortion, chemical fabric finishes and preparations.
- *Please check carefully for all pins. Better you find the pins than the patient.
- *If you are piecing only the quilt top, please provide at least backing and binding when you pass off the quilt top to be quilted.



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Appendix #2:

2026 PRESIDENT'S CHALLENGE

***Make** a Christmas stocking to donate, using the material/fiber of your choice for the November 12, 2026 meeting. You can sew, quilt, knit, crochet, embroider...just use something in the fiber arts.

* **Choose the** gender and age of the child to receive your stocking; record your choice at the membership table (or use the link given in this newsletter for online sign up), so we can track what we have and be sure we have a variety of genders/ages.

***After** you make the stocking, stuff it with items for a child of the gender and age you chose. Due to allergies and storage conditions, please do not stuff with liquids, perishables, candy, food, nuts, or dated items.

***Attach** the small tag with the **gender** and **age** written on it. Attach with a string or ribbon, no pins. Tags can be picked up at the Membership table.

***Stockings** will be displayed at our November meeting.

Categories for awards will be:

Most Likely to be an Heirloom (Classic). Most Awesome Embellishments

Most Colorful

Most Original

Most Intricate Design

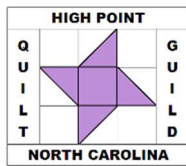
Most Likely to Be Fought Over

***Stockings** will be donated to Northwood Community Center Clothing Closet to distribute.

***OPTION:** You may make more than one stocking, for different genders and ages if you like. You may work together.

Additional Stocking Information

DONATIONS: HATS!!! We have 40 children's knitted toboggan hats that were donated by a woman from Providence Place. You may pick one up to stuff in your stocking if you like. They will be available at the September meeting.



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\$\$\$: Someone asked about a dollar limit for purchasing items to stuff the stockings. Suggestion is \$25 or less. If that is over your budget, just make the stocking and turn it in. We have some extra items donated.

Some SUGGESTION LISTS for items to stuff stockings can be found on the website for Samaritan's Purse (www.samaritanspurse.org under "Operation Christmas Child") These lists give some suggestions. They may not all be appropriate for our purpose.